

**HEALTH PROFESSIONS
PHYSICAL EXAMINATION FORM**

**Diagnostic Medical Sonography
Emergency Medical Services
Health Information Technology/Coding
Medical Assistant
Medical Office Administration
Occupational Therapy Assistant
Physical Therapist Assistant
Radiography
Registered Nursing
Respiratory Therapy**

Return to: _____

Health Professions Division • Virginia Beach Campus
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TIDEWATER COMMUNITY COLLEGE

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HEALTH PROFESSIONS

Technical Standards

Health Profession Descriptions

Please refer to the following descriptions of technical standards for each health profession. See Section IV.

Diagnostic Medical Sonography	Students in the Diagnostic Medical Sonography Program must attend approximately 1200 hours of clinical training in hospitals. They must be able to help lift and move patients; to pull, push, and control movements of machinery, such as portable ultrasound machines, patients on stretchers, and film cassettes; and perform tasks requiring fine motor control.
Emergency Medical Services	As an Emergency Medical Technician (EMT), the individual will be required to attend a minimum of 10 hours of clinical training in which he/she will aid in the lifting and moving of patients to and from stretchers; pull, push, and control the movement of machinery, i.e., oxygen cylinders, cardiac monitors, and stretcher; perform CPR; view digital displays and monitor oscilloscope readouts; hear audible alarms; and auscultate blood pressures and heart and lung sounds.
Health Information Technology/ Coding	As a student in the Health Information Technology/Coding Program, this individual must attend 400 hours of coordinated practice in a hospital or health care facility. He or she must be capable of carrying out office work, such as filing, typing, and writing.
Medical Assistant	A student in the Medical Assistant Program must complete 320 hours of clinical training in a hospital, doctor's office, and urgent care center. The student must be able to lift and move patients as well as various office and laboratory equipment, obtain blood samples, administer pharmaceutical agents, auscultate blood pressures and obtain vital signs and to perform tasks requiring fine motor control.
Medical Office Administration	A student in the Medical office Administration Program must complete 100 hours of clinical training in a doctor's office. The student must be able to lift and move various office equipment. The student must be able to perform tasks requiring cognitive and fine motor control tasks as well as using a computer.
Occupational Therapy Assistant	As a student in the Occupational Therapy Assistant Program, this individual must attend 720 or more hours of clinical training in a hospital or health care setting. He or she must possess the physical ability to repetitively aid in the lifting and moving of patients; the fine motor skills to fabricate adaptive equipment/ the emotional skills to interact effectively with patients and the health care team; the cognitive skills to instruct patients in learning new tasks; and to spontaneously respond to his/her patients in a therapeutic manner.
Physical Therapist Assistant	As a student in the Physical Therapist Assistant Program, this individual must attend 600 or more hours of clinical training in a hospital or physical therapy setting. He or she must possess the physical ability to repetitively aid in the lifting and moving of patients; the fine motor skills to manipulate dials and knobs; the emotional skills to interact effectively with patients and the health care team; and the cognitive skills to instruct patients in learning new tasks and spontaneously respond to his/her patients in a therapeutic manner.
Radiography	Students in the Radiography Program must attend approximately 1400 hours of clinical training in hospitals. They must be able to help lift and move patients; to pull, push, and control movements of machinery, such as portable x-ray machines, video monitors, overhead x-ray tubes, and film cassettes; to perform tasks requiring fine motor control; the emotional skills to interact effectively with patients and the health care team; and the cognitive skills to instruct patients during procedures.
Registered Nursing	As a student in the Registered Nursing Program, the student must attend a two-hour Pre-Nursing Information Session held on the Virginia Beach Campus. The student must possess the physical ability to aid in the lifting and moving of patients, to hear audible alarms, to auscultate blood pressures and heart and lung sounds, and to interact effectively with patients and the health care team.
Respiratory Therapy	As a student in the Respiratory Therapy Program, this individual must attend 600 or more hours of clinical training in a hospital or health care facility. The student must possess the physical ability to aid in the lifting and moving of patients; to pull/push and control the movement of machinery, i.e., ventilators and oxygen cylinders; to view digital displays and monitor oscilloscope readouts; to hear audible alarms; to auscultate blood pressure and heart and lung sounds; to perform tasks requiring fine motor control, and to interact effectively with patients and the health care team.

Part II

INSTRUCTIONS: This form must be completed by your physician and an official stamp affixed at the bottom of the last page. Copies of lab reports, titers, etc., MUST be attached. All sections of this form must be completed.

PHYSICIAN:

Please complete and forward this record to the TCC Health Professions Program Director (address on front).

1. Height: _____
2. Weight: _____
3. T: _____ P: _____ R: _____ BP: _____/_____
4. Vision: OD _____ OS _____ Corrected? ___ Yes ___ No
5. General appearance:

6. Ears:
7. Nose:
8. Throat:
9. Neck:
10. Breasts:
11. Chest:
12. Cardiovascular system:
13. Abdomen:
14. GI system:
15. GU system:
16. CNS/Reflexes:
17. Back:
18. Extremities:
19. Is there evidence of misuse of illicit drugs or alcohol: ___ Yes ___ No
20. Describe any conditions currently being treated:

21. Allergies:

Part III

The following immunizations are required. It is the applicant's responsibility to see that the completed form is sent to the college prior to clinical assignment. All immunizations must be documented by a shot record unless immunization is given the day of the physical exam. Express results in numerical values. Attach copies of titer results.

TB skin test

PPD. Applicant must have a TB skin test 3 months of admission. For EMS students, a PPD skin test is required within eight months of admission.

Date of injection: ___/___/___

Date read: ___/___/___

Results: ___/___/___

Applicant must undergo a two-step PPD (two negative tests within a 6 month period), the first test being dated within 6 months of admission, followed by annual PPD testing.

If PPD is positive, then a chest x-ray must be obtained. A copy of the x-ray report on official letterhead must be attached.

Date read: ___/___/___

Results: ___/___/___

**Mumps Rubeola Rubella
MMR**

Mumps Rubeola Rubella *MMR*. The applicant must have proof of MMR vaccination or documented proof of immunity shown by mumps, rubeola, and rubella titers.

Date of injection: ___/___/___

Documented immunity of:

 Mumps Titer: date: ___/___/___ Rubeola Titer: date: ___/___/___ Rubella Titer: date: ___/___/___

Persons born after 1957 must have documentation of two MMRs. If documentation is unavailable, serum titer levels must be drawn. If titer results do not indicate immunity, an MMR injection is required.

Please note: to reduce expense a MMR may be given in place of titer levels. Lack of immunity to any one of these illnesses requires the MMR immunization.

**Varicella
Chicken Pox**

Varicella *Chicken Pox*.

A varicella titer is required before enrollment.

If the varicella titer is negative, it must be repeated if exposed to chicken pox or shingles at home, work, school, or clinical.

Documented immunity of:

 Varicella Titer: date: ___/___/___

Titer Results:

 immune not immune

If the titer does not demonstrate immunity, the student is required to obtain the series of varicella vaccinations (two Varivax injections taken one month apart) unless contraindicated by medical status or pregnancy.

Dates of injection:

Shot 1 ___/___/___

Shot 2 ___/___/___

Hepatitis B

Several clinical sites require the completed Hepatitis B immunization series prior to beginning clinicals. * Undocumented evidence of immunization may affect clinical site placement. Please see your program advisor for further information if necessary. If the immunization has been received, indicate proof of vaccination.

Dates of injection:

Shot 1 ___/___/___

Shot 2 ___/___/___

Shot 3 ___/___/___

*This series must be started before clinicals and completed on schedule.

Diphtheria/Tetanus Toxoid

The health professions programs requires that students have a current tetanus toxoid vaccination *within the past 10 years*.

Date of injection: ___/___/___

Part IV

To ensure patient safety and welfare, the Diagnostic Medical Sonography, Emergency Medical Services (Includes Basic, ALS, and Critical Care), Health Information Technology/Coding, Medical Assistant, Medical Office Administration, Occupational Therapy Assistant, Physical Therapist Assistant, Radiography, Registered Nursing, and Respiratory Therapy Programs of Tidewater Community College have established technical standards which must be met by the students.

PHYSICIAN:

Please consider the following technical standards when answering question number four (4) in Part V of the Physical Form.

YES NO

Sufficient eyesight to observe patients, read patient records, manipulate equipment and accessories, visually monitor patients in dimmed light via video monitors, and evaluate radiographs for quality.

Sufficient hearing to communicate with patients and other members of the health care team, monitor patients via audio monitors, and hear background sounds during equipment operations.

Satisfactory speaking, reading, and writing skills to effectively and promptly communicate in English.

Sufficient gross and fine motor coordination to manipulate equipment and accessories, lift a minimum of 35 pounds and to stoop, bend or promptly assist patients who become unstable.

Satisfactory physical strength and endurance to move immobile patients to or from a stretcher or wheelchair to the x-ray table, work with arms extended overhead, stand in place for long periods of time, and carry 20-25 pounds while walking. EMS applicants must be able to lift, carry, and balance 125 pounds.

Satisfactory intellectual and emotional functions to ensure patient safety and exercise independent judgment and discretion in the performance of assigned responsibilities.

Remarks:

Part V

Physician: Fill in pertinent information regarding applicant including comments where required.

	NO	YES
1. Is there anything in the applicant's past medical history that would preclude his/her successful completion of a health professions program?	_____	_____

Comments:

2. After reviewing the questions in Part IV on the previous page, does this person have any physical or mental condition or disability which would prevent him'/her from attending this program?	_____	_____
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If yes, please explain:

3. ONLY Diagnostic Medical Sonography, Emergency Medical Services (Basic, ALS, and Critical Care), Health Information Technology/Coding, Medical Assistant, Radiography, Occupational Therapy Assistant, Physical Therapist Assistants, and Respiratory Therapy Applicants: Does this person meet the technical standards indicated in Section IV for the program to which he/she is applying?	_____	_____
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If No, please explain:

4. ONLY Emergency Medical Services Applicants (includes Basic, ALS, and Critical Care): After examination does this applicant have any evidence of illness or injury, which would prohibit participation in clinical or internship components including use for an OSHA approved HEPA respirator?	_____	_____
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If Yes, please explain:

I have this date given _____ a careful physical examination

and found him/her in _____ health.

Signature: _____ M.D. Date: ____/____/____

Print M.D.

Physician's Official Stamp:

Address

City State Zip

Telephone

Name: _____

Course/Section: _____

Semester/Year: _____